

# COVID-19 UPDATE FOR ENGLAND, SCOTLAND, NORTHERN IRELAND & WALES

## 2 December 2020

### 1. The NHS Covid-19 App in England and Wales

The NHS Covid-19 App is a useful way to check if you have been in close proximity for an extended period to someone who tests positive with Covid-19 and the MYA recommends all members who participate in Radio and Free Sailing to download and enable it when sailing. It is also useful for Clubs to prominently post a QR code for their location so that participants may log their arrival for sailing. You can create a QR code for your venue using the following [link](#).

### 2. England and the Tier System

On the 2<sup>nd</sup> December 2020, the UK Government has returned to a Covid Alert Tier system for all areas in England, following the second lockdown. There are 3 Tiers:

Tier 1 - Medium

Tier 2 - High

Tier 3 - Very High

Organised Sport can continue in all areas within the Tier system and for MYA Clubs this means using the Guidance issued on 18<sup>th</sup> September and available on the MYA website. This allows for up to 13 participants in organised racing alongside steps to maintain social distancing. At other times, i.e. before, after or between races or when there is no organised club activities the "Rule of 6" and social distancing will apply (groups meeting outdoors). Additional guidance from the government on organised sport is available [here](#). One of the main differences between the Tier Levels is associated with travel to a club location and what is allowed. It is our understanding that the summary we gave on 25<sup>th</sup> October applies once again as follows:

If you live in a Tier 3 area and your club is in the same Tier 3 area, you may travel to it and compete, but should not travel outside of that area to compete.

If you live in Tier 1 or 2 and your club is in that same Tier area, then you may travel to it to compete, but do not travel unnecessarily

If your club is in Tier 3 and you live outside of that area (in Tier 1 or 2) , then you are advised to NOT travel to the club to compete.

In addition (and in line with RYA guidance), we recommend that clubs do not hold Open Events if they are located in a Tier 3 area to minimise the chance of travel into that Tier level. Clubs located in Tiers 1 and 2 should also review whether they should organise Open Events whilst Tier levels are in place as there is still a request to minimise the number of journeys made.

### **3. Wales (from 23/11/20)**

Sports Clubs are once again able to organise outdoor activities and so MYA clubs can sail with up to 30 participants. Clubs need to ensure that they take all reasonable measures to reduce the risk of spreading Coronavirus. There are no restrictions on travel within Wales, although you should only travel from Wales to England if you have a "reasonable excuse". This may change soon now that the Tier levels have been re-introduced in England.

### **4. Scotland**

The Protection Level system remains in place. Regular updates are announced by the Scottish government regarding what level applies to which council areas. It is noted that movement out of and into Level 3 and Level 4 areas should be avoided. Clubs should also continue to monitor information placed on the Scottish District website <https://mya-uk.org.uk/districts/scottish/>.

### **5. Northern Ireland**

The NI Executive has advised everyone to stay at home. There should be no household gatherings, other than those involving support bubbles. Only leave for essential purposes such as education, healthcare needs, to care for others, or outdoor exercise. RYA NI understands that you can form one bubble with one other household and that a household cannot be part of more than one bubble.